

Congregation Kehilat Shalom NEWS

A Welcoming Jewish Reconstructionist Community

Editor—Karen Bartels
karen.bartels@comcast.net
home phone 609-921-1811

Newsletter of the Congregation Kehilat Shalom of Belle Mead, NJ **October 2015** Tishrei – Cheshvan 5776

Congregation
Kehilat Shalom
253 Griggstown Rd.
Belle Mead, NJ 08502
Phone: 908-359-0420
Fax: 908-359-8848
Regular office hours:
M-W 8:30-4pm T-Th 8:30-6pm
F-8:30-2:30pm

Rabbi

Susan Falk
rabbi@ksnj.org

President

Robert Neusner
president@ksnj.org

Administrator

Robin Bengochea
admin1@ksnj.org
robin@ksnj.org

Religious School Principal

Ann Kanarek
principal@ksnj.org

Lay Cantor

Kate Mende-Fridkis

Board of Trustees 2015-2016

Officers of the Board

1st Vice President

Steve Weinstein

2nd Vice President

Leonard Edelstein

Past President

Susan Waskow

Treasurer

Gregory Corsan

Financial Secretary

Deborah Gartenberg

Recording Secretary

Amy Rosenthal

Corresponding Secretary

Sheryl Rosenberg

Trustees

Jill Fraticelli

Michael Galkin

Ron Lubin

William Ries

Marc Rosenberg

Iris Rubinstein

Affiliate: Jewish

Reconstructionist Federation

Published by:

Calli-Graphics

Proofreader: Shana Bartels

Bulletin from the Board- Debbie Gartenberg

After a long, hot, and dry summer, fall is finally here! I like fall for the crisp, clear days, foliage with red and gold colors, and sleeping with the windows open. But I also like fall because it is a season of new beginnings. It's not like January 1st, with hoopla and resolutions that are quickly broken. Fall means a quiet beginning, one where many things we do every year start all over.

High Holidays is one of the first markers of our new year. Walking into the synagogue, saying hello to many friends, and participating in the familiar services are one of my favorite ways to begin the new year. Fall is also when the kids go back to school. It's exciting, even though there is a sense of sadness about seeing them leave on the first day of school.

In my case, getting ready for our annual Rummage Sale is another activity that I participate in every new year. I know it sounds a bit crazy, but I enjoy the work involved in making the sale a success. It gives me a chance to interact with many members of our community, and I enjoy getting to know everyone a little better. No one minds the work, as we are all talking, sharing and enjoying each other's company. I also like that we are giving many people – congregants and non-congregants alike – a chance to do the ultimate for our environment, which is to give unneeded items a new life rather than end up in a landfill.

Finally, my favorite part of the rummage sale is when we donate a lot of things to several local organizations. These organizations in turn make sure that their clients who live in poverty have access to these items that are often in very good shape. Last year we bagged over 40 large black bags with the leftover clothes, shoes, handbags, etc. and donated them to HomeFront (a shelter for homeless women and children). They were ultimately sorted and delivered to the "Free Store" in Trenton, benefitting many people. Everything else was delivered to a variety of local nonprofit organizations.

I am sure you are aware of how important fundraising is for our synagogue. This fall, I hope you will make one of *your* new year's activities donating items to the sale, as well as helping out sometime during the week. Your donations will help raise money for the synagogue and the donated items will help many people in the area who have so little. Volunteering your time will also help make the sale a success, but in this case *you* will benefit the most, as you will get to know your fellow congregants better and even make some new friends. There is no question that you will feel a stronger connection to our community.

Hours for the rummage sale are listed online and further down in the publication.

Please feel free to contact me or Robin in the office with any questions!

Debbie Gartenberg, Financial Secretary dgart1518@gmail.com



CKS Donations

CKS gratefully acknowledges the generosity of our members and friends.

General

Debbie Lampf and Michael Kalison
in memory of Rabbi Evan Jaffe

High Holiday

Stuart Rubenfeld
Dedication to Mary & Henry Rubenfeld
Robert Kopp
Phillip & Leslie Landever
Faina Sechzer
Amy McBride
Joan & Michael Fenster
Leonard Lipman
Janet Einstein
Dedication to Irit Harris
Debbie Fingerhut
Douglas Eichenblatt
Shelley Parish Nord
Sandra & Andrew Friedheim
Barry Schwab
Janice Feldman
Bert Mandelbaum
Heidi Brim
Myra & Douglas Gildenberg
Lawrence Barth
Sarah Ohls
Ariella Schwam
In memory of Aunt Lillian Girsky
Rita Milmeyster
Dedication to Isaak Milmeyster and Bella Baraz
Edward Frontera
Judi Rose
Elizabeth Socolow
Leonard & Eleanor Gross
Barry & Randy Grundleger
Gerald & Donna Melnick
Charles & Ellen Levitan
Jodi & Kevin Mahoney
Diane & Leonard Romino
Paul & Andrea Pitluk
Joan Davidson
Susan & David Glazer
Elisabeth Brauner
Susan Richardson
Tobie & Stanley Parnett

Remember CKS when you donate:

Dues only cover a portion of the CKS operating budget. Consider making a donation in memory of a loved one, honoring an accomplishment, or recognizing a friend or colleague.

Hours of the Rummage Sale:

Sunday, October 11th 9am - 2pm Rummage Sale Drop Off
Monday-Wednesday, October 12-14 10am - 7pm Rummage Sale Drop Off
Thursday, October 15 5 - 8pm Rummage Sale Pre-Sale (CKS members and guests)
Friday, October 16 Rummage Sale 8am - 5pm
Sunday, October 18 Rummage Sale 9am - 1pm Rummage Sale;
Clean up 12:30 - 2pm

CKS Book Club



CKS book club meets each month for discussion, socializing, and a night of conversation. Please join us!

October 8th - *A Man Called Ove* by Fredrik Backman

November 12- *The Lemon Tree* by Sandy Tolan

December 9th - *The Nightingale* by Kristin Hannah

RICHARD M. NADLER, DMD, FAGD



Mention you're a
CKS member
when you call!!



425 Amwell Road, Suite 104
Hillsborough, NJ 08844

tel. 908.359.6655 fax. 908.359.121
www.DesignsForDentalHealth.com

Robert M. Fass

Sales Associate
Relocation Certified

Callaway Henderson
Sotheby's International Realty
1325 Route 206, Suite 30
Skillman, NJ 08558
o 908.874.0000 c 609.577.8909



bfass@callawayhenderson.com
callawayhenderson.com

Each Office is Independently Owned and Operated

Message from the Rabbi

BECOMING SEEKERS IN A HOUSE OF LEARNING



The term *Beit Midrash*, usually translated as “House of Study”, literally means “House of Seekers”. To “*drash*” a text is not just to interpret it, but to seek and search through it, to mine it for all its hidden meanings and gems. The third prong of our CKS Mission Statement is about being a Beit Midrash, a House of Study, providing a place for all our members to explore and learn about Judaism’s rich culture and history.

While on most Sundays we find our young students fully engaged in Jewish learning – from history and Hebrew to music and cooking – and our Kehiloft (post b’nei mitzvah) members continue to learn and discuss and take on projects – this year, there will be many more opportunities for adult learning that I hope you will find enriching, stimulating, and meaningful. The first adult education event will take place on Sunday, November 1 at 10 am when Rabbi Rachel Kahn-Troster of T’ruah: The Rabbinic Call for Human Rights will discuss modern-day slavery and what we can do about it both at home and abroad. Rabbi Kahn-Troster has graciously agreed to conduct a two-part session that morning. The first part will be for adults, while the second part will take the form of a 7th Grade Family Workshop... so stay tuned for details. This special event will be followed up on November 21st with a screening of the acclaimed film, “Food Chains”, a documentary exploring the lives of farmworkers in the United States and how they have fought to improve their working conditions.

Beginning in January 2016, I will conduct a three-part series on the values and wisdom that Judaism can provide us when dealing with illness and end-of-life decisions. I know that many of you have lost loved ones over the years and have questions about Jewish practices and rituals, Jewish views on such questions as suffering or afterlife, as well as just navigating these often difficult lifecycle transitions. The first of these sessions will be on January 17th at 9:30 am. Sessions 2 and 3 will take place on February 28th and April 3rd, respectively. I hope you’ll come, grab a cup of coffee at our “Bagel Café”, and join the discussion.

In addition, I have reserved third Fridays this year for “Alternative Shabbat” experiences, such as: meditation and chanting; dinner and discussion; outside speakers; learner’s minyans and/or Shabbat worship for interfaith families; or Carlbach-style (all singing) services. The first of these special third Fridays will be a Shabbat dinner and discussion on October 16th at 6:30 in the Community Room (our sanctuary will be filled with donations for our Annual Rummage Sale!). I will be picking topics soon so check our website and e-bulletin for details. And please feel free

to let me know if there’s some new format or subject you would like to explore.

Finally, we will continue our practice of Shabbat Morning Torah Study Sessions for adults and interested teens. The first one will be on October 31st at 9:30 am. Come and have breakfast with us as we study the action-packed Torah portion, *Vayera*.

Together, let’s make this year at CKS the “Year of the Beit Midrash”, a year of learning and seeking, discussion and “drashing” Judaism’s rich tradition.

B’Shalom,
Rabbi Susan



Tree of Life

Purchase a leaf for \$54 to celebrate a *simcha!* Each leaf includes three lines of engraving.

Contact CKS Office
908-359-0420



The CKS Gift Shop
is open each Sunday
11 am - 12 noon

Questions?
Susan Waskow 609-333-1113
or Iris Rubinstein 609-947-2633



Now in its 21st full year, CKS’s non-sectarian pre-school for children 2½ to 5 years old, offers a unique atmosphere, giving children a chance to explore, create, and most importantly, learn to think and reason.

For more information, call 908-359-0420



RELIGIOUS SCHOOL REPORTS

By Ann Kanarek

WE HAD A GREAT BEGINNING!



With a special excitement, our students eagerly started classes, met their teachers, received their books and settled into a new year of learning. Welcome back everyone and very best wishes for a successful academic year.

Many new and returning families attended the parent reception and classroom orientation. The teachers appreciated meeting you and thank you for your support and encouragement.



This fall, we are delighted to welcome two new teachers to our staff: **Joanna Javeline** and **Yael Shvetz**. We are also happy to welcome back all of our other fine staff members: **Sharon Diamondstein**, **Karen Fridkis**, **Eric Komar**, **Laura Leibowitz** and **Tracey Weingarten**.

We are also very fortunate to have a group of fine young teens working as **Madrichim** (teacher aides) in our school. They are wonderful role models for our younger students. We welcome: **Charlotte Birnbaum**, **Lea Goldhammer**, **Tess Kowalski**, **Ally Rosenthal**, **Gabi Rubinstein**, **Hudson Waller**, **Dorothy Waskow** and **Jack Weitz**.

All of us at CKS are here to bring the highest quality of Jewish education to our children and to provide a warm, personal and caring environment. We can do this by maintaining a close and strong relationship with our synagogue families. Please remember my heart and door is always open to you and your children. Your questions and concerns regarding your child's Jewish education are my concerns, as well. I urge you to keep the lines of communication between us open. As we work together, we can help ensure our children's Jewish future.

RELIGIOUS SCHOOL REMINDERS:

Friday, October 2:	Shabbat Mishpachah Family Service, 7pm 5 th grade Haggigat HaSiddur: Prayer book presentations PIZZA IN THE HUT
Sunday, October 4:	Sukkah visitations; Regular school session Simchat Torah celebration, 6:30pm.
Friday, October 9- Sunday, October 11:	Fall Kallah at Camp JRF for grades 4, 5, 6, 7, 8
Sunday, October 11:	Regular school session
Sunday, October 18:	Regular school session, Music; RUMMAGE SALE
Sunday, October 25:	Regular School session; Cooking
Sunday, November 1:	7 th grade special program with guest Rabbi Rachel Kahn-Troster
Friday, November 6:	Shabbat Mishpachah with Ice Cream Oneg, 7:00pm
Sunday, November 8:	NO RELIGIOUS SCHOOL; NJEA Weekend



Haggigat HaSiddur -- A prayer book celebration--
Friday, October 2
7pm

You are invited to join us at this very special **Shabbat Mishpachah Family Sukkot Service**. We have scheduled a creative ceremony for our fifth graders called Haggigat HaSiddur, **which is a prayer book celebration**. On Friday, evening, **October 2nd at 7:00pm**, our fifth graders will be assisting Rabbi Susan in conducting the Shabbat service and each child will receive a Siddur — the prayer book they will use each Shabbat and holiday. This will be a very beautiful and inspirational Shabbat service and we look forward seeing you all there!

Kehiloft, the next step in your Jewish journey

L'Shanah Tovah everyone! I hope everyone is having a good new year and High Holidays. Several weeks ago my brother wrote here for the last time before going off to college. Now here I am, glad to be writing to the community for my first time! This just goes to show the cycle between graduates leaving and new people joining. Speaking of which, Kehiloft has many new members this year, more than making up for the four graduating seniors last year. Unfortunately, or fortunately depending on who you are, school has started once again. But that also means Kehiloft! Even with the year just starting we are moving right into business.

During our first meeting on the 8th we welcomed our new members and set up the loft for the High Holidays. The experience was even more fun this year trying to move the air hockey table. Thanks to some volunteers we were somehow able to make it work though! Of course we also had to make time for ice breakers and other introductory games. Our second meeting on Sunday the 13th was the annual carwash. We got a lot of cars this year, and it was a great success. Looking to the future, on Wednesday the 16th is our next meeting, and we will be discussing and planning Sukkah decorations to do in the Religious school. After that we have to think of and pick an idea for our project this year, which is where most of the money raised from the car wash will go. If anyone has ideas for a project we could undertake please share it with us!

I just wanted to take this time to thank everyone who helps Kehiloft. As teenagers, I'm sure many of us like to think we can be entirely independent, but it is simply not true. In these circumstances it is always great to have a community with volunteers willing to help us out. So thank you to those who helped us set up the loft and run the car wash, your help was incredibly appreciated! Also thanks to those who took a leap of faith letting a group of teenagers wash their cars and who donated.

I'm sure this will be a great year!

Jack Weitze



OCTOBER

Sunday, Oct 4. 6:30 - 8:30 Simchat Torah at CKS

Wednesday, Oct 14. Rabbi leads discussion #1

Sunday, Oct 18. 9:00 1:00. CKS Rummage sale

Wednesday, Oct 28. Regular session

NOVEMBER

Wednesday, November 4 - Rabbi Susan leads discussion #2

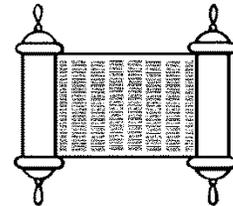
Wednesday, November 11 - Prep for Shabbat service

Friday, November 20 - 7:30 - 9:30 Kehiloft leads Shabbat service #1

Saturday, November 21 - CKS event - Film *Food Chains* and discussion

Thanksgiving break

Session time is 6:00 - 8:00 unless otherwise noted.



Law Offices of Brian M. Cige

*Emphasizing Employment Law,
General Practice & Civil Litigation*

- Wrongful Termination
- Discrimination
- Harassment
- Severance
- Unemployment
- Breach of Contract
- Automobile Accident and Personal Injury Cases



7 East High Street
Somerville, NJ 08876
908-685-3775

CigeLaw@gmail.com

Jewish Community

Jewish LIFE

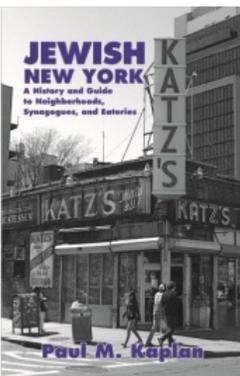
JEWISH LIFE (Learning Is For Everyone) BEGINS NEW SEASON!

Jewish LIFE (Learning Is for Everyone) is pleased to begin its new season of Jewish learning for our community. The year is filled with a wide variety of programs, classes taught by our area Rabbis and Professionals, and special events. There is truly something for everyone! We are pleased that due to popular demand, The Melton School of Adult Learning and iEngage are both returning to Jewish LIFE. This year The Melton School is offering both the Core Class Curriculum (begins October 20) and Melton Graduate School (begins October 13) – both taking place at the Birnbaum JCC in Bridgewater. The Core Curriculum will be taught by Rabbi Dan and Karen Selsberg and the Graduate School will be taught by Rabbi Richard Fagan. iEngage, a video and lecture series from the Shalom Hartman Institute, Jerusalem, kicks off on November 15 at Temple Beth-El, Hillsborough with Rabbi Arnie Gluck. This year's curriculum is Engaging Israel: The Tribes of Israel: A Shared Homeland For a Divided People.

We are pleased to bring back the popular Irma Horowitz Film Series. The first of three series events is scheduled for Sunday, October 25 at 10am when we



screen the film Havana Curveball at the JCC. Q & A and discussion with the film makers will follow the film (via Skype).



There are special events including: **Jewish New York: A History and Guide to Neighborhoods, Synagogues and Eateries** with Paul M. Kaplan on Thursday, October 1 at 12 Noon at the Birnbaum JCC, Bridgewater; and **Then Came Life: Living with Courage, Spirit and Gratitude After Breast Cancer** with Geralyn Lucas, Tuesday, October 20, 7pm at the Birnbaum JCC, Bridgewater.



The Jewish Federation's Women's Philanthropy Division presents their annual Imagine event Tuesday, October 27, 9am at Raritan Valley Country Club, Bridgewater. Stephen M. Silverman leads a discussion on **The Catskills, Its History and How it Changed America** on Thursday, October 29, 12 Noon at the Birnbaum JCC, Bridgewater. Elissa Altman will discuss, **Poor Man's Feast – A Love Story of Comfort, Desire and the Art of Simple Cooking**, Sunday, November 15, 10:30am at Or Chadash, Flemington. AIPAC's Jeremy Papas will present **America & Israel: Worry, Relax or Both?** at the Dr. Michael Fink Memorial Lecture, Tuesday, November 17, 8pm at Temple Beth El, Somerset. **Bobby Wonderful: An Imperfect Son Buries His Parents** with Robert Morris takes place Thursday, December 3, 12 Noon at the Birnbaum JCC, Bridgewater; **Chanukah "Dish"** with *Chopped* Champion Chef Rachel Rubin takes place on Thursday, December 3, 6pm at the Birnbaum JCC, Bridgewater. **The Friends of the Israel Defense Forces (FIDF) Musical Ensemble** will be in concert for Chanukah on Tuesday, December 8 at the Birnbaum JCC, Bridgewater. (Time and additional details to come on this event for all ages!) The Irma Horowitz Film Series Featuring Falafel and Films takes place on Thursday, December 17, 6:30pm at the Birnbaum JCC, Bridgewater with short Israeli films from the Ma'Alah School of Television and the Arts in Jerusalem. The Jewish Film Series presents **Deliman: A Freshly Made Documentary** by Eric Greenberg Anjou at Temple Beth-El, Hillsborough on Saturday, December 12 at 7pm. Discussion and Q & A with film maker Eric Greenberg Anjou will follow the screening. Jewish LIFE rounds out 2015 with a return engagement with incomparable **Judith Viorst** who will discuss her latest book, *Wait for Me and Other Poems About the Irritations and Consolations of a Long Marriage*, on Wednesday, December 16, 12 Noon at the Birnbaum JCC, Bridgewater (program includes luncheon).

The Jewish LIFE 2015-2016 program guide will be available at the JCC and on the JCC website: ssbjcc.org. Please go through this extensive catalogue ...there is truly something for everyone! We look forward to another successful year of Jewish learning and thank everyone for supporting this wonderful and enriching program. Jewish LIFE is made possible in part by a grant from the Jewish Federation of Somerset, Hunterdon & Warren Counties. Jewish LIFE needs your support, and Patron and Benefactor opportunities are available. Please contact Laura Friedman, JCC Executive Director at 908-725-6994 x213; LFriedman@ssbjcc.org. If you have any questions regarding Jewish LIFE, and to register for special events, please contact the Shimon and Sara Birnbaum JCC at 908-725-6994 x201. To register for synagogue-hosted classes, please register directly through the host synagogue. We look forward to learning together!

OCTOBER 2015



S	M	T	W	T	F	S
				1	2 6:00 PM Pizza In the Hut 7:00 PM Shabbat Mishpachah	3
4 9:00 AM Religious School 6:30 PM Simchat Torah	5 7:30 PM Mah Jongg	6	7	8 7:30 PM Board Meeting	9 7:30 PM Shabbat Services	10
11 9:00 AM Rummage Sale Drop-Off 9:00 AM Religious School	12 10:00 AM Rummage Sale Drop-Off 7:30 PM Mah Jongg	13 10:00 AM Rummage Sale Drop-Off	14 10:00 AM Rummage Sale Drop-Off 6:00 PM Kehiloft	15 5:00 PM Rummage Sale Pre-Sale (CKS members and guests)	16 8:00 AM Rummage Sale 6:30 PM Shabbat Dinner & Services	17
18 9:00 AM Rummage Sale 9:00 AM Religious School 12:30 PM Sale Clean Up	19 7:30 PM Mah Jongg	20	21	22	23 7:00 PM Shabbat Services	24 9:30 AM Shabbat Mishpachah 9:30 AM Isaiah Ginsburg- Henry Bar Mitzvah
25 9:00 AM Religious School	26 7:30 PM Mah Jongg	27 7:00 PM Ritual Committee Meeting	28 6:00 PM Kehiloft 7:00 PM Membership Committee	29	30	31 9:30 AM Torah Study

253 Griggstown Road, Belle Mead, NJ 08502
<http://www.ksnj.org>
 Listserve e-mail: contact_admin@ksnj.org
Fulfilling the religious, educational and social needs of our Jewish community since 1982.

October 2015

Deadline for next newsletter:
October 15th

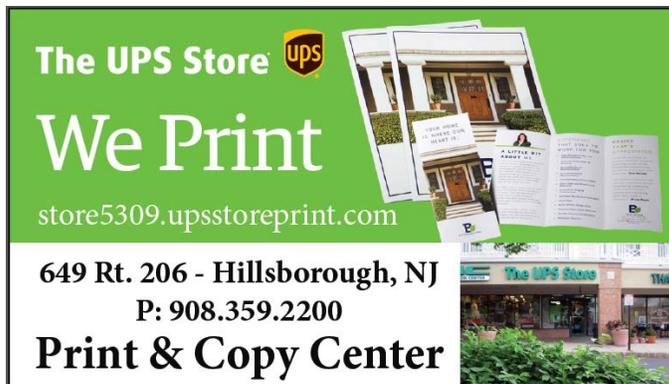
Whom to contact for...	
Adult Education	Susan Waskow susan.waskow@gmail.com
Beautification	Debbie Gartenberg dgart1518@gmail.com
Billing/Payments	Robin Bengochea 908-359-0420
Board of Trustees	Bob Neusner president@ksnj.org
Building & Grounds	Andy Sokel 609-466-8749 andsok@aol.com
Building Usage/Access	Robin Bengochea 908-359-0420
Congregants' Assistance Fund	Rabbi Falk 908-359-0420 rabbik@ksnj.org
Education	Jill Fraticelli and Christine Witt
Financial Aid	Steve Weinstein 609-712-1293
Fundraising	Debbie Gartenberg dgart1518@gmail.com
Gift Shop	Iris Rubinstein
Hospitality(Kiddush & Oneg)	Natalie London 908-874-6955
Kindercapers	Natalie London 908-874-6955
Kehi-Loft (Hebrew High)	Karen Fridkis 609-333-1119
Life Cycle (Caring for Each Other)	Sheryl Rosenberg 908-253-7049 swellcourt@verizon.net
Long Range Planning	Joseph Weiss josephhobartweiss@verizon.net Ron Lubin 908-369-3483
Marketing & Publicity	Debbie Tesser Jen Rappaport
Membership	Matt Rosenthal
Pastoral Emergencies	Rabbi Susan Falk 908-359-0420
Ritual	Susan Waskow susan.waskow@gmail.com
Technology - Website and Social Media	Amy Rosenthal webmaster@ksnj.org
Technology - Computer and Networking	Michael Galkin 908-281-4499

The UPS Store 

We Print

store5309.upsstoreprint.com

649 Rt. 206 - Hillsborough, NJ
 P: 908.359.2200
Print & Copy Center



© 2015 by CKS. All rights reserved. Permission required for reuse.

The CKS Newsletter is published monthly, except July. Deadline is the 15th of each month.
Every effort will be made to publish contributed items, but due to space restrictions, placement and format are at the discretion of the editor.
Advertising Policy. You can advertise in this newsletter to inform the community of your business or profession. Advertising is accepted based on its interest and applicability to our readership. Location in the newsletter is at the editor's discretion. CKS does not necessarily endorse or vouch for the products and services of our advertisers. The newsletter is published 11 times per year (no issue in July). E-mail a file with the art to the editor, or provide camera-ready art on clean, white background. Advertiser responsibility to meet deadlines. Rates are low and must be paid in advance. For information and a rate sheet, please contact the temple office.